



This Month:

Great Day Trips!

WELCOME ..

to the all new
E-Newsletter!

We welcome your input
and ask that you
send any
feedback to the
editor at
Melissa_harbold@ml.com.

Want the hard copy??
Just hit PRINT!

CPWN Member News

Publisher

The Chesapeake

Professional Women's
Network

Assistant Publisher

Melissa Harbold

Editor

The CPWN Newsletter
Committee

Teresa Walter Havre de Grace Chief of Police

Chief Teresa Walter began her police career in 1980 as a dispatcher for the Harford County Sheriff's Office and retired in 2005 as a Captain in command of the Southern Precinct – the busiest precinct in Harford County. During her tenure with the Harford County Sheriff's Office, she held the ranks of Deputy, Deputy First Class, Corporal, Sergeant, Lieutenant, Captain and Precinct Commander. She was the first female in the 230 year history of the Harford County Sheriff's Office to be promoted to the rank of Captain and Commander. After 25 years

of service to Harford County, she retired to become the Chief of Police with the Havre de Grace Police Department. Chief Walter is currently only one of four female Chiefs of Police in the State of Maryland.

The majority of Chief Walter's career has been in an operational setting. She has supervised many diverse areas in law enforcement as a Corporal, Sergeant, and (Continued on Page Nine)



May Sponsor: Janis McGuire



Janis McGuire is a Mortgage Consultant with MetLife Home Loans providing residential mortgages for purchase and refinance. She has been in the mortgage industry since 1992 and with MetLife, formerly MNC Mortgage and First Horizon Home Loans for 15 years working with realtors, builders and homeowners directly.

On a personal note she is the mother of 2 remarkable young women and of Millie a very demanding labradoodle, the elder of which is getting married on June 5th (daughter not dog). She is a (Continued on page 5)

President's Message

BOARD OF DIRECTORS

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maryann.bogarty@pnc.com

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renee@hrsolutionsllc.com

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lschenning@peoplesbanknet.com

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pattygiftbaskets@comcast.net

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Happy Spring CPWN Members! April showers will bring May Flowers... I could really use some beautiful flowers about now. It has been a busy first quarter and the start of the second quarter doesn't seem to be letting up. Sometimes busy is good and other times you need to stop and enjoy things like beautiful flowers or



getting together with wonderful women at great networking events.

I'm thrilled to report that our first "Women's Night out Event" held at Maryland Golf and Country Club in April was a great success. It was filled with many great services and consultations from our

fabulous vendors. My personal favorite was the seated massage from Jordan Thomas. I'm sure we all can agree that there was something for everyone and we were able to mingle with some really great women while supporting a great cause. CPWN was able to raise approximately \$1000.00 for Family and Children's Services. I would like to thank those of you who attended. This was a great start to a new event. Hopefully next year we can make it even better.

If you missed out on the excitement last month please join us for our June luncheon to be held at the beautiful Vandiver Inn in Havre de Grace on May 11, 2010 from 11:30-1:30. Our guest speaker will be Chief of Police, Theresa Walters. I look forward to seeing everyone.

Mary Ann Bogarty



Maryland gardens reveal art, history and natural splendor

BALTIMORE (April 1) – Gardens can be inspirational. “That was certainly true for Claude Monet, who said: “I perhaps owe having become a painter to flowers.” Yet, even if you don't paint, you're apt to be stirred by the natural beauty of a well-manicured garden.

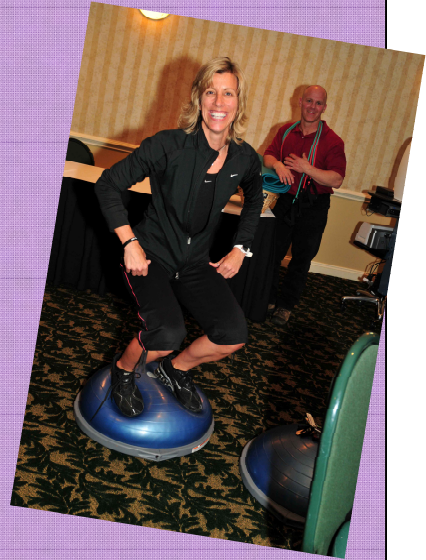
This month, Maryland's Office of Tourism is encouraging visitors to take in the splendor of public gardens across the state. It has designated April as a time to call attention to these gardens through its *Maryland Spotlight* campaign – a monthly promotion that highlights distinctive aspects of Maryland tourism.

Here are brief descriptions of 12 not-to-miss gardens and farms across Maryland:

- **Adkins Arboretum, Tuckahoe State Park (Caroline County)** – You'll find the Delmarva region's largest collection of native plants at Adkins – 600 species of shrubs, trees, wildflowers and grasses.
- **Anmarie Garden Sculpture Park and Art Center, Solomons (Calvert County)** – Dedicated to presenting a connection between art and nature, Anmarie features outdoor museum-quality artwork – some of it on loan from the Smithsonian's Hirshhorn Museum and Sculpture Garden. Anmarie also has more than 500 shrubs of hybrid azaleas.
- **Brookside Gardens, Wheaton (Montgomery County)** – An azalea garden, rose garden, children's garden, formal garden, fragrance garden and Japanese-style garden are all part of this 50-acre collection of public gardens.
- **Historic Sinking Springs Herb Farm and Retreat, Elkton (Cecil County)** – After walking around this 130-acre property, you can stay overnight in a country cottage on the farm. Herbal lunches and teas in a restored 18th-century farmhouse are available year-round. “Herbs of the Bible” includes lunch, tour and a “Labyrinth Serenity Walk.”
- **Ladew Topiary Gardens, Monkton (Harford County)** – A life-sized foxhunt scene is one of the first things you'll see at this 250-acre property. Harvey S. Ladew (1887-1976) was a self-taught gardener who created 15 themed “garden rooms” on 22 acres.
- **Lilypons Water Gardens, Buckeystown (Frederick County)** – In 1925, this 250-acre site along the Monocacy River was the home of Three Springs Fisheries, a catalog business that had started as a Frederick County entrepreneur's hobby involving goldfish and waterlilies.
- **London Town House and Gardens, Edgewater (Anne Arundel County)** – Overlooking the South River, London Town was a 17th-century tobacco port. About a quarter of the town's original 100 acres remain. You'll find a museum (a former tavern and inn built in 1760) and a park that present historical, archaeological and horticultural perspectives.

Continued on Page 8

Pamper Me Highlights!



New Member Spotlight

Amy Verbeten

Q: Do you like to be in pictures or would you rather be the person holding the camera?

A: Definitely behind the camera, I love taking candid photos

Q: Who was your favorite celebrity as a child?

A: Elvis Presley- Although he died when I was 4, I had a major crush on "the young" Elvis

Q: When did you last have the heartiest laugh, and why?

A: Last Friday, my 14 year old daughter is absolutely hilarious. We were just being silly.

Q: What do you like to do in your "me time?"

A: I enjoy weeding, as funny as that sounds it is my escape.

Q: What was the last book you read?

A: "The Da Vinci Code"

Amy Verbeten

Mind Your Business

Bookkeeping and Administrative Services

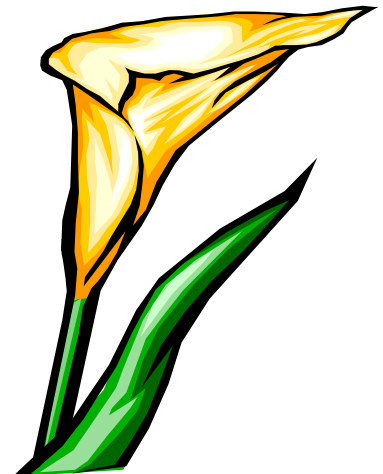
443-504-9393

Janis McGuire

Continued from Front Page

Maryland native but spent her high school years in Florida moving back to the area when she got married. Janis is a graduate of Towson University with a degree in Finance. She spends her spare time reading, (Janis loves American history), baking and gardening and of course entertaining Millie.

Janis is a long time member of CPWN and has enjoyed the friends she has made and the opportunities to interact and learn.



COMMITTEE CHAIRS

Ambassador & Membership

Elizabeth Hopkins
ehopkins@mtb.com

Events & Meeting Speakers

Sandy Glock
Open Door Café
sglock@atapco.com

Fashion Show

Wendy Lee
Susquehanna Spine & Rehab
wendy@susquespine.com

Publicity & Newsletter

Melissa Harbold
Merrill Lynch
Melissa_harbold@ml.com

Website

Jennifer Lewis
SafeNet
Jennifer.lewis@safenet-inc.com

Membership Dues:
\$85

Meeting Sponsorship:
\$125
plus door prize

www.cpwnet.org

EVENT CHECK IN

For record keeping purposes, please remember to check in at all events, even if you have pre-paid.

Great Falls Park

Great Falls Park, an 800-acre park located along the Potomac River, is one of the most spectacular natural landmarks in the Baltimore/Washington area. Located about an hour from Baltimore, just outside Washington, DC, this park is popular with local residents and visiting tourists alike.

Great Falls Park offers a variety of activities including hiking, picnicking, kayaking, rock climbing, bicycling, and horseback riding. You can view the falls from several observation areas. The falls cascade into 20 foot waterfalls displaying the steepest fall line rapids of any eastern river. On the Virginia side, Overlook 2 and the Patowmack Canal Trail are wheelchair accessible. Follow the River Trail, beginning just downstream of the falls, and you will see spectacular views of the Mather Gorge. Above the Great Falls Park Visitor Center, you can follow the upper Canal Trail and view the head of the (Continued on pg 9)

Welcome New Members

Judy Button

Branch Manager
PNC Bank
2334 Rock Spring Road
Forest Hill, MD 21050
410-638-2068
judy.button@pnc.com

Kathy Fava

Account Executive
Corporate Printing Solutions
109 Beaver Court
Hunt Valley, MD 21030
410-329-1941
kfava@cps-print.com

Stephanie Cassedy

Registered Representative
Lincoln Financial Securities
2204 Harford Road
Fallston, MD 21047
410-877-9512
stephcass@yahoo.com

Dara-Lynn Van Pee

Long Term Care Specialist
Donohue-Hart & Associates LTD
1004 Southern Drive
Bel Air, MD 21014
410-803-0160
dvanpee@donohue-hart.com

Karen Conkel

Center Director
Family and Children's Services of Central MD
3106 Timber Ridge Circle
White Hall, MD 21161
410-828-3222
kconkel@fcsmd.org



Member News and Items of Interest

Hello to my *fellow CPWN members - Please see the announcement below: I wanted to share the news about my new position with the Y, effective March 29! We will open a new fitness center (with a pool!) in Parkville in early June, and I am transferring there. I am sorry to leave the Ward center, but this is a great opportunity for me and I am very grateful for the offer. I will continue with my membership in the CPWN for the time being (and perhaps for the long term). Thanks for your business friendship and support! [*Hmmm....is there a feminine term for "fellow"?!?!]



Leslie G. Dohler

Y of Central Maryland

410-679-9622

lesliedohler@ymaryland.org

FOREST HILL, MARYLAND Patricia Desiderio and her Forest Hill based promotional products and gift company **Patty's Promotions** announces the following staff additions.

Kimberlee Layman recently joined the firm as sales consultant covering Harford county. Kym is a native Harford county resident. She has also volunteered for school events, girl scouts and other community activities.

Laura Leary, has joined the firm as administrative customer service representative. Laura has over ten years previous experience for a promotional fulfillment firm. Her responsibilities to include managing the office, and working with clients and vendors. She earned a B.A. from Pennsylvania State University.

SARC: Walk A Mile In Her Shoes

Put yourself in her shoes.

You know the old saying you can't really understand another person's

experience until you've walked a mile in their shoes? Walk A Mile in Her Shoes® is a symbolic gesture of men marching in women's shoes to raise awareness and money to end violence against women & children.

The Walk gives men the opportunity to publicly take a stand on the issue of violence against women and children; it shows that men are willing to stand together with women in making the world a safer place for all women and children.

June 12, 2010; (Rain or Shine) Registration begins 9:30 a.m. Opening Ceremony begins at 10:00 a.m. and the walk begins at 10:30 a.m. Register at www.sarc-maryland.org Walker registration fee is \$25 per walker .



TOWSON FAMILY CENTER Y WINE DINNER SUNDAY, MAY 23, 2010

PREVIEW PLANS FOR THE NEW TOWSON FAMILY CENTER Y

SILENT AUCTION, 4:00 TO 8:00 PM

CAFÉ TROIA, 31 ALLEGHENY AVENUE TOWSON, MARYLAND

TICKETS \$100 (TO BENEFIT THE Y'S SAFE PLACE FOR KIDS CAMPAIGN)

HOSTED BY CAROL TROIA AND TOM AND JUDY MATTE

Please submit your
Member News and
Items of Interest to:

Melissa_harbold@ml.com

Maryland Gardens (con't from page 3)

· **Salisbury University Arboretum and Sculpture Collection**, Salisbury (Wicomico County) – This 145-acre campus has more than 2,000 species of plants in a variety of gardens. The university began collecting plants in 1985 and three years later became a national arboretum. A sculpture collection started in 1994 to complement the gardens.

· **Sherwood Gardens**, Baltimore City – John W. Sherwood, a pioneer in the local petroleum business and a conservationist, created this urban garden in Guilford during the 1920s with tulips from the Netherlands and cuttings of boxwoods from Colonial estates in Southern Maryland. When he noticed strangers wandering through his property on a spring day in 1930, he decided to allow the public to visit freely.

· **Sotterley Plantation**, Hollywood (St. Mary's County) – The garden at this tidewater manor (circa 1710) was designed in 1910 as a re-creation of an 18th-century garden. It includes a vegetable garden, herb garden, fruit and nut trees, and an array of flowering plants – all typical of a Colonial garden. Its design is based on four large squares bordered by boxwood hedges and grass walkways. Located on the banks of the Patuxent River, Sotterley is open to the public. Second annual *Garden Fair* is April 17-18.

· **William Paca House and Garden**, Annapolis (Anne Arundel County) – Research and excavations during the 1960s and 1970s led to the restoration of the original Colonial garden here. Paca – a Maryland signer of the *Declaration of Independence* – designed the garden when he built his house in the 1760s. The two-acre garden has multi-tier terraces that showcase 18th-century horticulture. The property is a National Historic Landmark.

· **Willow Oak Flower and Herb Farm**, Severn (Anne Arundel County) – This small family farm, which considers itself a botanical preserve, offers an array of herbs, flowers, shrubs and trees. The farm has introduced numerous native medicinal and ornamental plants. Stroll through 17 themed gardens, such as the “Fairy Garden” and the “Perennial Garden.”

To receive free Maryland travel information - *Destination Maryland* , *Maryland Calendar of Events* and a state highway map - by mail, call 800-719-5900. Information can also be found on the Tourism Office's web site, VisitMaryland.org.

More Member News!

Starting Gate to the Preakness Wine Tasting!

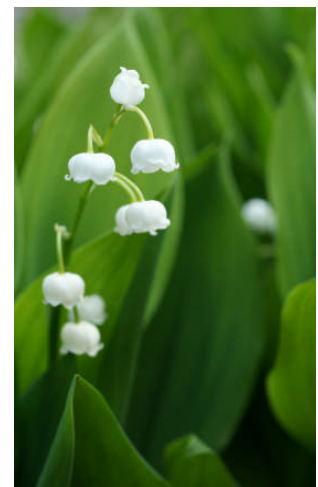
All Proceeds Benefit Open Doors Career Center, Inc.

Friday, May 14th, 6:30-9:30pm

Rockfield Manor, Tickets \$50 each

Price Includes Wine Tasting and Heavy hors d'oeuvres

To Purchase Tickets call 410-297-6590



Teresa Walter:

(Continued from Page One)

Lieutenant including countywide patrol, training, planning and research, school resource officers, crime prevention and community policing, drug enforcement, gang enforcement, directive patrolling, and special operations. During her 7 years with the agency's Special Response Team (or SWAT), she served as a team member, team leader, and finally as the Special Operations Commander. For numerous years she was the only female in the State of Maryland assigned to a SWAT team. Additionally, for a period of 3 years she was on the agency's Hostage/Crisis Negotiation Team. Upon her promotion to Captain, she served as the Southern Precinct Commander in Edgewood. As Precinct Commander, she commanded approximately 90 deputies, supervisors and civilians, and established the agency's Gang Unit.

As Chief of Police for the Havre de Grace Police Department since 2005, Chief Walter commands 37 sworn police officers, and civilian personnel. The Police Department is responsible for all of the law enforcement activities and operations within the City of Havre de Grace. Her strategies and those of her com-

manders along with the hard work of her police officers have resulted in a 10% reduction in crime in 2009.

Chief Walter holds a BS degree in Criminal Justice from the University of Baltimore, and Masters Degree in Behavioral Science from Johns Hopkins University along with Certificate in Police Executive Leadership from Johns Hopkins University. She was an adjunct teacher at Harford Community College and currently teaches at Johns Hopkins University in the Police Executive Leadership Program and Aspiring Leaders Program. Chief Walter is an execu-

tive board member for the Maryland Chiefs of Police Association, and is a member of the Maryland Municipal League Police Executive Association; she is also a member of the International Association of Chiefs of Police; she is on the executive board for the JHU PELP Alumni and Student Association; she is a member of the Soroptimist of Havre de Grace; and she is a member on the board of directors for the Havre de Grace Chamber of Commerce. In July 2010 Chief Walter will be attending the FBI National Academy in Quan-



Great Falls Park (Continued from page 6)

falls and the Aqueduct Dam.

Great Falls Park is maintained by the National Park Service. Ranger Talks are offered Saturdays and Sundays at 12:30 p. m. and 3:30 p. m. at the Ranger Program Area near Overlook 3. Great Falls Park is open from 7 a.m. until dark every day except December 25th. The Visitor Center is open from 10 a.m. until 4 p.m. daily, with extended hours during the spring and summer. There is a \$5.00 per vehicle entrance fee and a \$3.00 fee for visitors entering the park on foot, horseback, bicycle, or motorcycle.



Chesapeake Professional Women's Network, Inc.
Building Relationships. Growing Businesses.

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Address editorial and other inquiries to:

The Editor
CPWN Newsletter
CPWN
PO Box 654
Bel Air, MD 21014
Melissa_harbold@ml.com

CPWN MEMBER BENEFITS

Monthly meetings to network and promote your service or product.

Advertising in our online membership directory with website and e-mail links.

Varying meeting dates, times, and locations to meet your busy schedule.

Topical speakers on issues pertaining to women and business.

Opportunities for women to support and mentor each other in both business and personal aspects of our lives.

Special events & Meeting Sponsorship

A monthly newsletter with calendar of events, networking tips, member updates, and articles of interest.

Upcoming Events

May 11, 2010

Van Diver Inn

Theresa Walter

**Havre de Grace Chief
of Police**

\$20Mbrs/ \$25 Non

11:30—1:30

**Sponsor: Janis
McGuire**

June 8, 2010

Mountain Branch

**Maryland Attorney
General Gansler**

\$20Mbrs/ \$25 Non

11:30—1:30

**Sponsor: Sarah
Bleach**

July 13, 2010

Open Door Café

Networking

Sam-10am

**\$18 Mbrs/ \$23 Non-
Mbrs**

**Sponsor: Shirley
Brunkhorst**